



MISSION IN ACTION SCHEDULE

Friday, July 26th

24 hours of booty®

3:00PM

Mission Central and Beneficiary Tent opens – come meet our incredible community partners!

3:30 TO
9:00PM

Decorate a luminary, fill out an Honor/Memory/Survivor/Caregiver bib to wear proudly while you ride or walk

9:00PM

Restorative Yoga - open to all

Saturday, July 27th

8:00AM

Morning Meditation and Yoga – open to all

9:00AM

Survivor Café – open to all those currently going through or have gone through a cancer journey

11:00AM

Caregiver/Loved One Circle – open to all those who serve as a caregiver, family member, loved one, friend, or support system warrior

12:00PM

Lunch break @ the Main Food Tent

1:00PM

Mental Health and Nutrition - open to all

2:00PM

Stress Management and Simple Self-Care Workshop – open to all

3:00PM

Music therapy session – join the LCI Music Therapy Team and jam out with us. No musical talent necessary!

4:00PM

Join 24 Foundation for an ice cream party and awards ceremony @ the Main Food Tent